

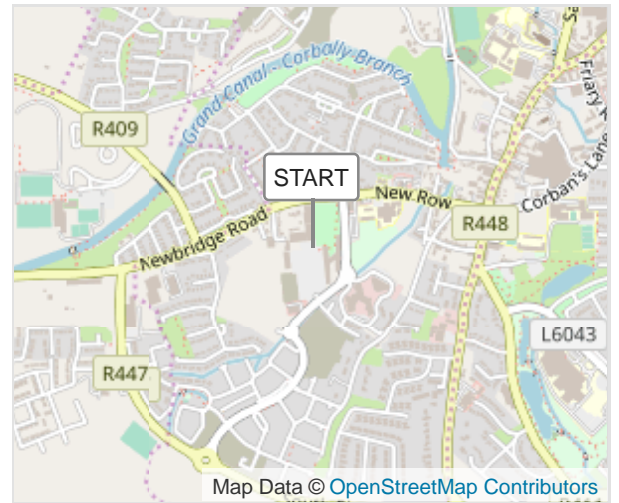


# Naas 10 Km 2023

## ROUTE INFORMATION

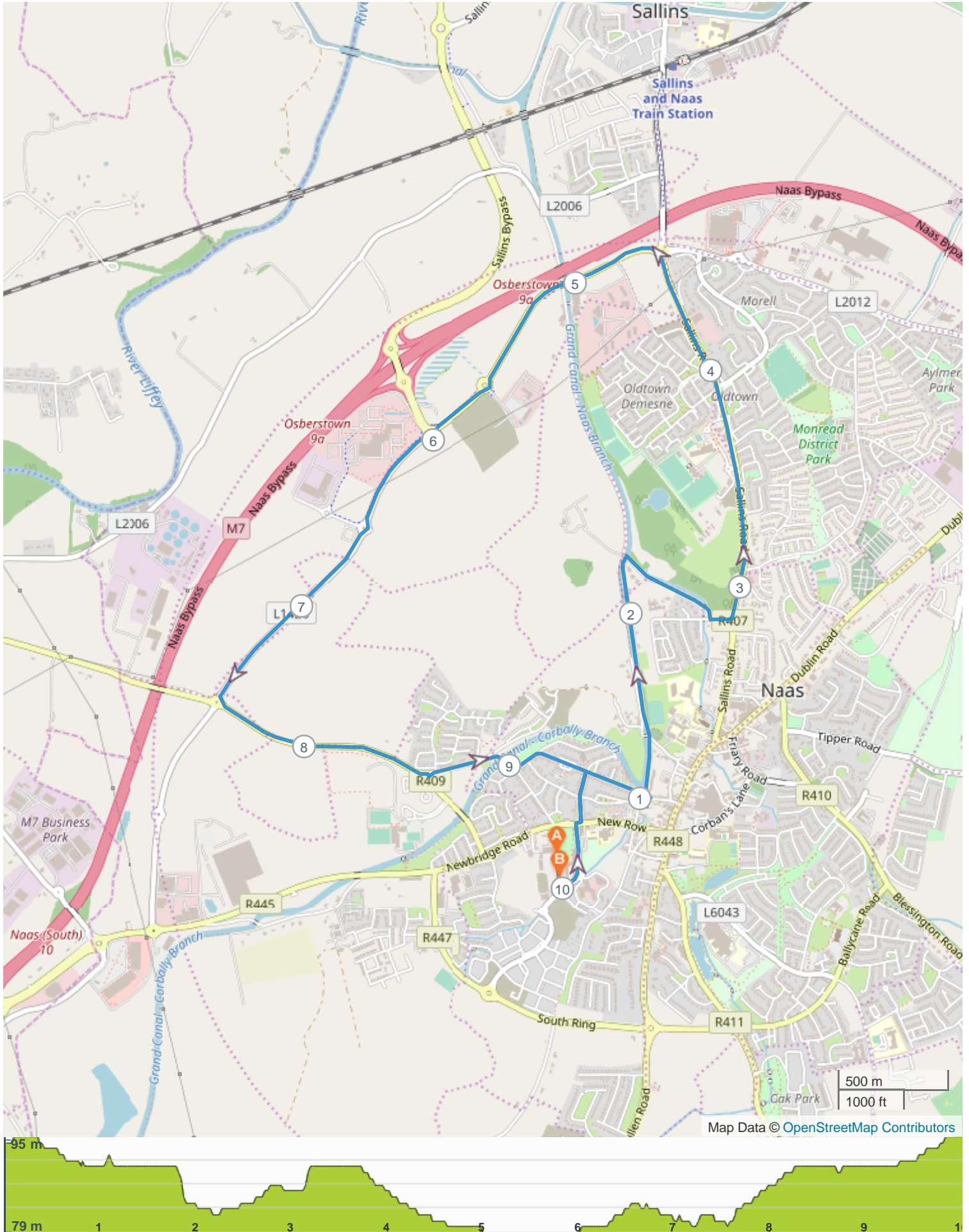


ROUTE LENGTH	10.020 km
ASCENT	32 m
DESCENT	31 m
HILLS	⬆️ 24.3%   ⬇️ 23.4%   ➡️ 52.3%
TERRAIN	Road <b>A</b>
START	<b>LAT:</b> 53.214506, <b>LNG:</b> -6.672610



## NOTES

# Naas 10 Km 2023



## ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.113	↙	Turn sharp left
2	0.119	→	Turn right
3	0.136	←	Turn left onto John Devoy Road
4	0.232	↑	At roundabout, take exit 1 onto John Devoy Road
5	0.464	→	Turn right onto New Row
6	0.484	←	Turn left onto Pacelli Road
7	0.719	→	Turn right onto Sarto Road
8	0.959	↙	Turn sharp left
9	0.979	↗	Turn slight right
10	1.034	←	Turn left
11	1.123	↘	Turn sharp right onto Basin Street
12	1.430	←	Turn left onto Abbey Road
13	2.259	↘	Turn sharp right onto Mill Lane
14	2.745	←	Turn left onto Mill Lane
15	2.845	←	Turn left onto Sallins Road
16	4.568	↖	At roundabout, take exit 1 onto Millennium Link Road
17	5.620	↑	Enter roundabout
18	5.967		At roundabout, take exit 1 onto Millennium Link Road
19	6.517	↗	At roundabout, take exit 2 onto Millennium Link Road
20	7.564	↖	At roundabout, take exit 1 onto R409
21	8.576	↗	Enter roundabout
22	8.614	↗	Turn slight right onto Old Caragh Road
23	8.838		Keep left onto Old Caragh Road
24	8.845		Keep left
25	8.848	↗	Turn slight right onto Old Caragh Road
26	8.855	↙	Turn sharp left onto Old Caragh Road
27	9.047	←	Turn left onto Sarto Park
28	9.177	↗	Turn slight right onto Sarto Road
29	9.406	→	Turn right onto Pacelli Road
30	9.642	→	Turn right onto New Row
31	9.661	←	Turn left onto John Devoy Road
32	9.852		Keep right onto John Devoy Road
33	9.881	↑	At roundabout, take exit 1 onto John Devoy Road
34	9.989	→	Turn right
35	10.007	←	Turn left

No	Km	Turn	Directions
36	10.013	↘	Turn sharp right
37	10.020		FINISH