

## Edenderry AC 10 Mile Road Race Sunday 16th July 09:30 Important Race Day Information

If you have not registered online before the race, there will be registration at Derry Rovers Track from 07:30 Sunday 16th July.

Registration on the day will close at 09:10 sharp.

For those who have pre-registered online, all Race Numbers and Tech T Shirts can be collected on the morning of the race at Derry Rovers Track.

The start line is just under 1km from Derry Rovers Track.

**The start line is at St Mary's School opposite MTC Solutions, 7 St Francis Street R45TY88**

### Parking

Free parking at the Town Hall, JKL Street (along the harbour) School Lane or at Dunnes Stores (beside the start line)

### STRICTLY NO PARKING NEAR OR AROUND THE TRACK

There will be toilet facilities at Derry Rovers track, and at the relay changeover mile 5 and at the race starting point.

There will be water stops at approx 2.7, 5, 8 miles.



## **Pacers**

There will be pacers for the following times. 1:10, 1:15, 1:20, 1:25, 1:30, 1:40. All our pacers are experienced runners and will help you achieve your race goal. Pacers will be identified by a yellow t-shirt and balloons (times on balloons)

## **Relay Teams**

The runner doing the first leg of the relay must collect a wrist band from the registration desk on the morning of the race. They will need to pass this wrist band to the second relay runner at the relay changeover point. Medals can be collected only when the second relay runner crosses the finish line and presents the wristband to the volunteers giving out the medals.

A shuttle bus will be in operation to bring relay runners to and from the relay changeover point. **The shuttle bus will depart from Derry Rovers Track (Registration Area) at 09:15 sharp.**

The second relay runner must ensure that they take this bus at this time. The bus will then bring the first relay runners back to Derry Rovers where the finish line is to collect their medal with their relay partner.

## **Road Safety**

Please be aware of traffic, roads will be closed from 09:30-11:30 only local access will be allowed during these times. Road traffic is expected to be minimum so to ensure the safety of everyone please follow race marshal instructions.

## **Cash Prizes and Categories**

There will be cash prizes for male and female runners.

1st/2nd/3rd Overall winners

And for the respective age categories.

O40 O45 O50 O60

The Edenderry 10 Mile Frank Kilrane Perpetual Cups will be awarded to the first Offaly male and female winners.

There will be 1st prize trophies for the winners of the relay event.

Prize giving ceremony will take place at 11:15-11:30.

There will be no shower facilities available.

## **Refreshments**

Tea/Coffee will be available to purchase from a local vendor.

Sandwiches and treats\* will be provided for all participants and volunteers.

\*Gluten Free options will be available.