

## **OFFALY ATHLETICS 5K ROAD RACE SERIES 2022.**

### **RULES**

**ALL CLUBS MUST ADHERE TO THE RULES OUTLINED BY THE OFFALY ATHLETICS COUNTY BOARD.**

**\*8 races in the series with 5 races to score for the individual overall results.**

**\*Clubs must be represented in all 8 races with a minimum 4 runners to score for team points.**

**\*Age Categories : Junior (16-20yrs) , individual, 040, 045, 050, 060, & 070.**

**1<sup>st</sup> 4 runners crossing the line for the same club scores. This can be a different 4 runners in each of the races.**

- **Juveniles 13 years to 16 years are permitted to run in the ORRS but there are no juvenile prizes.**

**\*Juniors must be over 16 years and under 20 years. A junior can score on a club team.**

**\*Athletes remain in the the age category declared at their first ORRS race for duration of the series**

**\_\*There will be trophies for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in all of the above age categories and also Team prizes for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> team for both men and ladies.**

**\*First 3 across the line are the first 3 finishers. Age category prizes follow after that.**

**\*Novice winner: all previous winners (1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>) of the Offaly road race series are excluded from winning the Novice**

**Prize. The winner of the Novice for both male and female will be excluded from winning the novice again.**

**\*Points system will be used to calculate the individual and team winners. For example; a runner comes 1st in all 5 races he or she will receive 5 points. If a runner runs all 8 races, his/her 5 best results are used.**

**In the event of a draw in any of the results - the "Count Back" system will be used to decide the final result as per AAI Rules.**

**\*WINNERS OF SERIES TROPHIES MUST BE REGISTERED WITH AN ATHLETIC CLUB IN OFFALY AT THE START OF THE SERIES\***

**\*\*PLEASE ENSURE ALL PARTICIPATING CLUB MEMBERS ARE REGISTERED WITH CLUB AND AAI \*\***

**\*If not registered they will not contribute to club and individual point scoring.**

**\*\*FOR THE TEAM PRIZES ONLY\*\* - CLUBS ARE RANKED INTO DIVISION 1 and DIVISION 2. Therefore there will be 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> team trophies in both divisions. The divisions are selected based on the final team placings from the 2019 results.**

## **Offaly Athletics 5k Series Team Divisions**

### **Ladies Division 1**

Birr Ac

Ballyskenach Ac

Ferbane AC

Naomh Mhuire Ac

Tullamore Harriers AC

**Ladies Division 2**

Banagher Ac

Clara Ac

Edenderry Ac

Kilcormac Killoughy Ac

Naomh Ciaran Ac

Rhode Ac

**Men Division 1**

Birr Ac

Clara Ac

Ferbane Ac

Naomh Mhuire Ac

Tullamore Harriers Ac

**Men Division 2**

Banagher Ac

Ballyskenach Ac

Edenderry Ac

Kilcormac Killoughy Ac

Naomh Ciaran Ac

• **Cash prizes for individual races:**

**1<sup>st</sup> Junior €30**

**1<sup>st</sup> Finisher €100**

**2<sup>nd</sup> Finisher €70**

**3<sup>rd</sup> Finisher €50**

**1<sup>st</sup> 040 €50**

**1<sup>st</sup> 045 €50**

**1<sup>st</sup> 050 €50**

**1<sup>st</sup> 060 €50**

**1<sup>st</sup> 070 €50.**

• **Entry fee: €5 junior & Senior/Master €10.**

**List of races in the 2022 Offaly 5k Road Race Series.**

**13<sup>th</sup> March - Tullamore Harriers AC**

**24<sup>th</sup> April - Banagher Ac**

**8<sup>th</sup> May - Ferbane AC**

**27<sup>th</sup> May- Ballyskenach AC**

**10<sup>th</sup> June - Naomh Mhuire AC**

**24<sup>th</sup> June - Clara AC**

**22<sup>nd</sup> July - Rhode Ac**

**29<sup>th</sup> July - Birr AC**

**The series is open to athletes not affiliated to Offaly Athletics and are most welcome.**

**IF ANY DISPUTE ARISES IN THE ORRS THE RESULTS COMMITTEE DECISION WILL BE FINAL.**

**Enquiries to : [info@offalyathletics.ie](mailto:info@offalyathletics.ie)**