

# Ferrycarrig 5-Mile Road Race Monday 3<sup>rd</sup> Jan 2022

## Covid-19 Policy Document

**Purpose:** This policy sets out the procedures and practices that will apply at this event to minimise the spread of Covid-19.

**Policy:** It is the policy of the event organisers that we follow all public health advice to seek to prevent the spread of the illness. Exposure to Covid-19 is a public health risk which affects all citizens and has implications for sporting events.

**Covid Compliance Contacts:** Queries on the application or interpretation of this policy should be directed to Robert Kenny or Sean Kehoe (Covid Officers for the Innovu Insurance Ferrycarrig 5 event). Contact: Sean at 085 7238611.

<b>PROTECTIVE PROCEDURES:</b>
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**Attendance:** Thank you for supporting our race and we hope you enjoy the day. However, you should not attend if:

- You are a 'close contact' of someone with symptoms of Covid 19
- You are 'self-isolating' under the current Health Policy Rules
- If in any doubt that your attendance could affect the health & safety of others.

**Supporters:** **Strictly no supporters.**

**Masks** must be worn at all times at the venue, including the race start (as far as public roadway) and immediately after the finish.

- Wash your hands with soap and water or hand sanitiser provided.
- Cover your mouth and nose when coughing or sneezing
- Event organisers will clean and disinfect frequently touched objects and surfaces regularly.

**Race Entry:** **Strictly no race entries at the venue.** Online entry only via Popupraces.ie.

**Registration/Race number collection** at the venue:

- Sunday 2<sup>nd</sup> January from 2-4pm (**STRONGLY RECOMMENDED**) or
- Monday 3<sup>rd</sup> January from 10am

## PROTOCOLS:

### **General:**

- 1) **Parking:** Please follow the directional signage and the advice of the marshals. If you park next to another car, please wait for other persons to enter or exit before doing so yourself.
- 2) Hand sanitising stations will be provided around the complex at Registration, T-Shirt pick up, Goody Bag pick up, toilets, start and finish lines.
- 3) **Face masks:** all attendees will be required to bring their own face masks to the event and wear them at all times in and around the complex.

### **Race number collection/Registration:**

Registrations will be outdoors, under tented areas and clearly signposted as follows:

- 1) Race Number pick-up
- 2) Goody bag/Race Memento pick-up only

Please follow the instructions of race marshals to ensure orderly queueing and social distancing. Wear a face mask at all times and use the hand sanitisers provided.

We **cannot store personal belongings** so please ensure these are stored safely in your car.

**Changing:** There will be **no onsite changing** facilities provided.

**Toilets:** Event organisers will clean and disinfect regularly.

- 1) 1 Male and 1 Female downstairs in Wexford FC clubhouse and
- 2) Portaloos at pitch-side (**RECOMMENDED**)

Please follow the instructions of race marshals to ensure orderly queueing and social distancing.

**Start Line:** All participants must socially distance at all times during warm-up and at the start-line up to when the race is called to order.

**Masks:** all participants are requested to wear face masks for the first 200 meters (to public roadway) until runners have distanced adequately. Face masks may then be removed and wrapped around your wrist for re-use again when your race is finished. Please do not litter.

**Race Finish:** Participants are requested to wear their face masks and socially distance as soon as practicable after their race is over. Do not congregate around the finish line.

**Water:** A **water station** will be provided at the finish line and **sanitised cups** provided by Refill.ie.

**Prize Giving:** There will be no prize-giving ceremony. Results lists will be published on [popuraces.ie](http://popuraces.ie) and prize winners will be contacted.

**Event Hospitality:** Unfortunately, it is not possible to provide our famous Crossabeg/Ballymurn F5 post-race hospitality. We look forward to welcoming you next year in more sociable circumstances.

Together we can ensure all runners, joggers, walkers, volunteers, marshals and contractors enjoy the day safely. Good luck to all participants!

With thanks

**Crossabeg Ballymurn Community Centre Committee**